

U5/U6 RULES SUMMARY

The game is 4 v 4 on a small field. No keepers are used. The length of the game is 2 16-minute halves. **On a goal kick, the defending team must wait behind the halfway line until the ball is kicked.** No offside violations are called, nor are any penalty kicks. There are no indirect kicks, only direct kicks. Substitution is at any stoppage, at the discretion of the referee. No defending player should loiter by their own goal while the ball is in their offensive half. U6 games are typically parent-refereed. U6 players use a Size 3 ball.

U7/U8 RULES SUMMARY

The game is 4 v 4 on a small field. No keepers are used. The length of the game is two twenty-minute halves. **On a goal kick, the defending team must wait behind the halfway line until the ball is kicked.** No offside violations are called, nor are any penalty kicks. There are no indirect kicks, only direct kicks. No defending player should loiter by their own goal while the ball is in their offensive half. Substitution is at any stoppage, at the discretion of the referee. U8 games should and will almost all have a certified referee, often a teenager learning the trade. However, parents should be ready to step in if need be, since we prioritize referees for older games over younger games. U8 players use a size 3 ball.

U9/U10 RULES SUMMARY

The game is 7 v 7 on a mid-sized field. Keepers are used and new for Fall 16, offsides can be called. The length of the game is 2 25-minute halves. **On a goal kick, the defending team must wait behind the halfway line until the ball is kicked.** Free kicks are direct or indirect as appropriate, and penalty kicks are awarded for fouls or handling in the box. The goalkeeper is not allowed to punt or drop-kick directly to the opponent's penalty area. Substitution is at any stoppage, at the discretion of the referee. U10 games must have a certified referee, often a teenager learning the trade. Assistant referees are optional. U10 players use a size 4 ball.